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COMMITTEE COMMENTS

On behalf of everyone at Ince Rose Bridge, a warm welcome is extended to the players, staff, and travelling supporters of Fryston Warriors for what promises to be a massive National Conference League Play-Off Quarter-Final clash today.

Fryston make the trip down from West Yorkshire carrying a proud heritage and an uncompromising, physical identity. Yorkshire rugby is built on sheer toughness and grit, and the Warriors have proven all year that they can compete with anyone in this competition. In the cut-and-thrust of play-off rugby, every single defensive set, tackle, and yard gained is critical, and we know our visitors will be fighting tooth and nail out on that field today. Our lads are focused, playing with real belief, and determined to back up our recent form with another massive performance on home soil at Pinfold Street.

To our incredible sponsors, tireless volunteers, and loyal Bridge supporters: thank you for your unwavering dedication. Your passion drives this club forward and makes open-age rugby league so special. May today's contest be fought hard, played in the right spirit with mutual respect, and showcase the very best of community rugby league. Good luck to both teams.

Tony Sanby

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TODAY'S OPPOSITION

FRYSTON WARRIORS

Formed in the rugged Yorkshire mining heartland, Fryston Warriors ARLFC are one of the most respected, proud community clubs in the game. Built on deep-rooted coalfield heritage, uncompromising toughness, and fierce pride, the Warriors have long stood as a resilient powerhouse across northern grassroots rugby league and the National Conference League.

From their earliest beginnings, the club has given local Castleford and Wakefield talent the stage to test themselves at the highest amateur level, shaping a club culture defined by relentless grit, honest graft, and collective brotherhood.

Over the decades, Fryston have forged national respect, competing fiercely across the NCL and making their mark in prestigious knockout competitions. Central to that lasting success is an exceptional setup, continually feeding brave, homegrown lads directly into the senior ranks while producing standout professional stars. That unbroken pipeline guarantees they arrive as a physical, fearless, and tightly knit unit every time they pull on the shirt.

Renowned for their uncompromising forward pack, tireless line defence, and dangerous strike across the park, the Warriors bring a formidable test over the Pennines. Today's Play-Off clash promises another brutal Lancashire versus Yorkshire war, where matching the visitors demands eighty minutes of sheer discipline and heart.

Well-coached, fiercely proud of their village, and backed by loyal travelling support, Fryston Warriors are precisely the caliber of opposition that brings out the very best in Ince Rose Bridge.

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Player Comments

KALLEM RODGERS

INCE ROSE BRIDGE OPEN AGE

Not a man of many words but he did have the following to say:

“Just get into um”

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A Team GAME UPDATE

Building Momentum down at Bridge

It has been a standout campaign for the A Team, capped off by an impressive third-place finish in the league table. Securing a top-three finish is a testament to the hard work, resilience, and quality running right through this group.

A major highlight of the year has been the seamless pathway into the first team. With a large number of our A Team lads stepping up to feature for the firsts across the season, the squad has gained invaluable experience at a higher level. That exposure has accelerated players' development, sharpened our competitive edge, and taught us vital lessons in game management and physical intensity that we've brought back into our own performances.

As a coaching staff, we couldn't be prouder of how the boys have adapted, learned, and risen to every challenge thrown their way. The commitment shown in training and on matchdays has built a rock-solid team culture.

Looking ahead, our focus is firmly on building this momentum. To take the next step next year, we are looking to further develop our squad depth and actively recruit new players to the club. With a strong core, a proven pathway to the first team, and an ambitious group of lads, the future down at Pinfold Street looks exceptionally bright.

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COACHES COMMENTS

Keiron Malone

Last weekend's win against Featherstone Lions was a fiercely competitive battle, but truth be told, we weren't quite on our A-game. This week, our absolute focus is on bringing that missing edge and sharpening up the technical details we've hammered home in training. The graft and dedication this squad has shown all year has brought us to exactly where we want to be: deep into the knock out stages down at Pinfold Street.

Coming through the play off games the lads shown discipline, relentless ruck control, and clinical finishing that have defined our strong finish to the league season and our run to the National Cup semi-finals. As a coaching staff, we couldn't be prouder of the standard the boys set, but in this play-off series, every game demands that we reset and raise the bar again.

Today brings Fryston Warriors, and we are under no illusions about the size of the task. The Warriors are a proud, battle-hardened Yorkshire outfit who thrive on physical arm-wrestles, tough forward battles, and making you scrap for every single inch on the field. They will make the journey determined to dictate terms on our patch. In games like this, talent alone won't decide the outcome; it's won in the scramble defense, winning the contact, and putting in those repeat efforts for the lad next to you when the lungs are burning.

To the Bridge faithful lining the touchline today, you are our 18th man. When Pinfold Street gets behind the lads, it gives the team a whole other gear. Make yourselves heard from the opening hit, and let's get behind the boys for another massive eighty minutes!

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2026 COMPETITIONS

BETFRED CHALLENGE CUP

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BARLA 13 NATIONAL CUP



Proud to have Transformation Through Training associated with the club. I'm Dr James Alder, PhD - Chartered Psychologist, British Army veteran and host of the Trauma, Training & Transformation podcast.

Each episode features athletes, practitioners, veterans and people with powerful lived experience exploring mental health, adversity, movement and personal transformation.

Spotify: https://open.spotify.com/show/2GNTvzJg4pPFIe8dGrNrEv
YouTube: http://www.youtube.com/@JamesAlder-003
TikTok: @traumatrainingpodcast

Also offering one-to-one therapy focused on trauma, PTSD, anxiety, identity and the power of physical activity for wellbeing.

Wishing the whole club a fantastic 2026/27 season!

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2026 FIXTURES

INCE ROSE BRIDGE OPEN AGE

National Conference North West

March

Sat 7th - Orrell St James HOME
Sat 14th -Crosfields AWAY
Sat 21st - Leigh East HOME
Sat 28th - Saddleworth Rangers AWAY

April

Sat 11th - Blackbrook HOME
Sat 25th - Woolston Rovers AWAY

May

Sat 9th - Ashton Bears HOME
Sat 16th - Clock Face Miners AWAY

June

Sat 6th - Saddleworth Rangers HOME
Sat 13th - Leigh East AWAY
Sat 27th - Woolston Rovers HOME

July

Sat 4th - Ashton Bears AWAY
Sat 11th - Orrell St James AWAY
Sat 25th - Clock Face Miners HOME

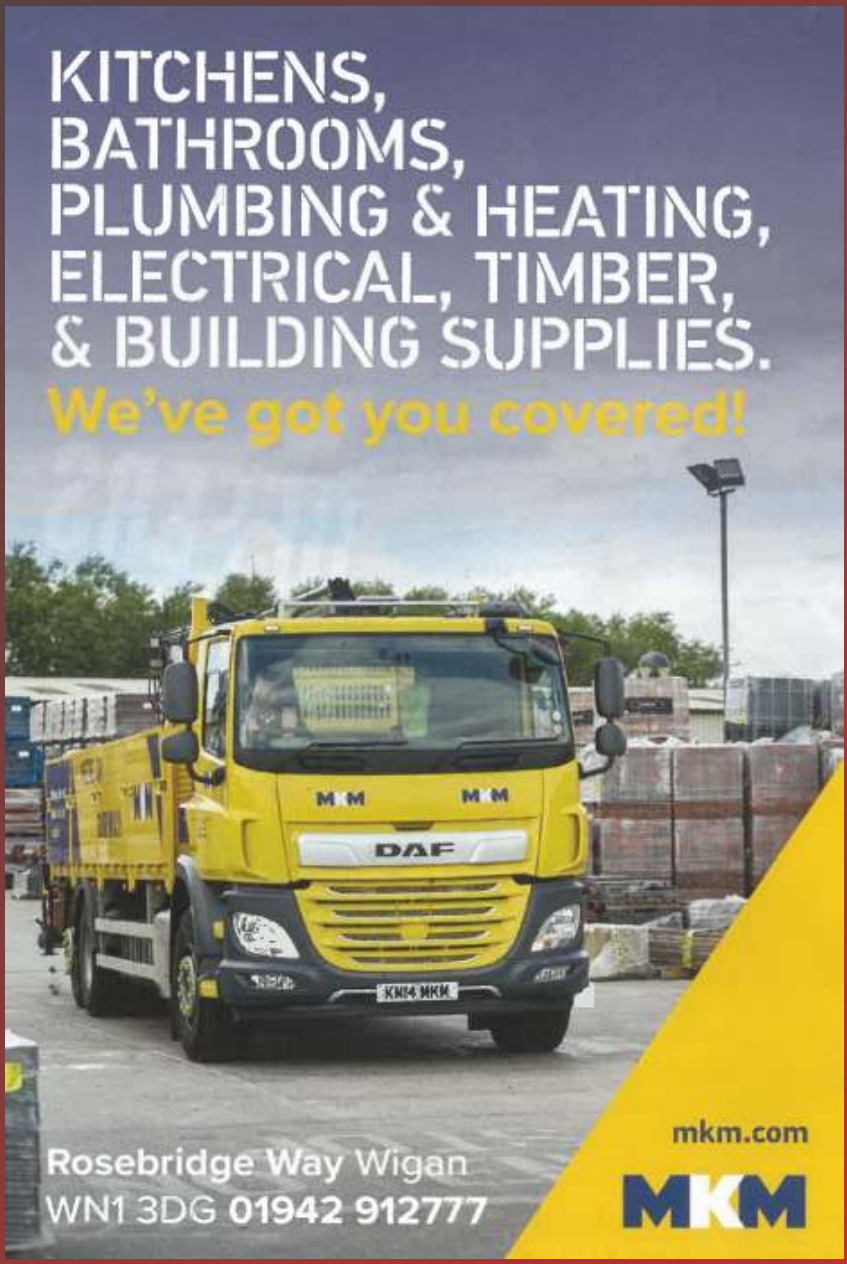
August

Sat 8th - Crosfields HOME
Sat 22nd - Blackbrook AWAY

Sponsorship available for all HOME fixtures.

Speak to club staff or contact the clubs social media team for further info

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2026 FIXTURES

INCE ROSE BRIDGE OPEN AGE

National Cup and League Play-Offs

May

Sat 2nd - National Cup Round 1
Vs Clock Face Miners HOME
sat 23rd - National Cup Round 2

July

Sat 18th - National Cup Round 3

August

Sat 1st - National Cup Quarter final
Sat 15th - National Cup Semi Final

September

Sat 5th - Play-Off Round 1
Sat 12th - Play-Off Round 2
Sat 19th - Play-Off Round 3
Sat 26th - Play-Off Quarter Final

October

Sat 10th - Play-Off Semi Final
Sat 17th - Play-Off Grand Final
Sat 31st - National Cup Final

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Parklands	Sat 25th July Vs Clock Face	
	Sat 8th August Vs Crosfields	

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Spotlight on Ince Rose Bridge Sports and Community Club Rugby Pathways

At Ince Rose Bridge Sports and Community Club, rugby is more than just a game — it's a journey that welcomes everyone, from toddlers taking their first steps onto the pitch to seasoned players who still lace up their boots for the love of the sport. Here's a look at the vital sections that make up our rugby family:

Mini Bridgers – First Steps into Rugby

The Mini Bridgers are our youngest group, introducing children to the basics of rugby through fun, inclusive, and engaging activities. Focused on building confidence, coordination, and social skills, this is where the love for the game begins. It's non-contact, play-focused, and perfect for developing early interest in team sport.
Contact Dean Kenny 07460348497

Ince Rose Bridge Junior Rugby – Growing Through the Game

Our junior teams form the core of the club's player development pathway. Ranging from Under 7s to Under 18s, they learn the values of teamwork, discipline, respect, and perseverance. These squads are coached with an emphasis on skill development, enjoyment, and preparation for the transition into adult rugby. Many of our senior players started right here.
Contact Dean Kenny 07460348497

Rose Bridge Pantheresses – Girls Making Their Mark

The Pantheresses are our dedicated girls' teams, providing a supportive and empowering environment for young women to thrive in rugby. With growing numbers and strong community backing, the Pantheresses are helping to pave the way for girls' rugby in the region, offering a pathway from grassroots to competitive levels in a sport that's becoming more inclusive every year.
Contact Dean Kenny 07460348497

Ince Rose Bridge PDRL – Rugby for All Abilities

Our Physical Disability Rugby League (PDRL) team is a testament to our belief that rugby should be for everyone. Designed for players with physical disabilities, PDRL offers the chance to play competitively while celebrating what players can do. It's an inspiring, high-energy form of the game that promotes inclusion, teamwork, and personal growth.
Contact Scott Winstanley 07973 522351

Open Age Rugby – The Heart of Competitive Rugby

Open Age is where youth development meets senior competition. It's the platform for players aged 18 and above to represent the club at a competitive level, with a strong tradition of pride, resilience, and community spirit. Whether they're lifelong members or new signings, these players embody the strength and identity of Ince Rose Bridge on and off the field. The Open Age squad is a vital link between our junior ranks and our broader ambitions in the rugby league.
Contact Peter Threlfall 07523 852844

Ince Rose Bridge Masters – The Game Never Ends

The Masters team is where the passion for rugby continues well into adulthood. Aimed at players aged 35 and over, Masters Rugby is played in a modified, safer format that allows former players—and even those new to the sport—to keep playing. It's about camaraderie, fitness, and enjoying the sport without the pressures of competition.
Carl Sargent 07453 012817

One Club, Many Paths

From beginners to veterans, girls and boys, players of all abilities and backgrounds — every team at Ince Rose Bridge plays a part in building a strong, inclusive rugby community. We're proud of each group and grateful for the volunteers, coaches, families, and players who make it all happen.

Together, we are the Ince Rose Bridge Rugby Section

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🚨 Ince Rose Bridge Sports & Community Club is Recruiting! 🚨
We're thrilled to announce that both our Rugby and Football sections are recruiting for 2025!

🌟 Rugby Section – Now Recruiting For:

- Minis
- Girls Rugby
- Juniors
- LDRL (Learning Disability Rugby League)
- Open Age
- Masters

🌟 Football Section – Now Recruiting For:

- Open Age
- Juniors

Whether you're stepping onto the pitch for the first time or you're a seasoned player, there's a place for YOU at Ince Rose Bridge!

📩 Get in contact, and we'll point you in the right direction for the team you require.

Join a club that's all about community, teamwork, and passion for sport. Let's make 2025 unforgettable together! 💪

#InceRoseBridge #RugbyLeague #Football #OneClub #CommunitySports #InclusiveTeams

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CLUB CODE OF CONDUCT

Highlight on Player, Coaches, Parents and Spectator Conduct

Ince Rose Bridge Sports and Community Club is committed to fostering a welcoming, inclusive, and safe environment for all members, participants, volunteers, and supporters. As a community-driven organisation, we uphold the values of respect, integrity, and fair play in all aspects of our operations.

We have summarised the key points of Player, Coaches, Parents and Spectator conduct from the main Club Code of Conduct belowt

Player Conduct:

Respect for All: Treat everyone with dignity and fairness. Avoid discriminatory language and behaviours.

Sportsmanship and Fair Play: Display good sportsmanship on and off the field. Follow rules and accept outcomes graciously.

Positive Communication: Communicate respectfully. Resolve conflicts calmly and avoid negative commentary.

Personal Conduct: Uphold the club's reputation. Refrain from violence, abuse, or illegal substances.

Spectator Conduct:

Respect for All: Treat everyone with dignity and fairness. Avoid discriminatory language and behaviours.

Positive Communication: Communicate respectfully with members, officials, and volunteers.

Personal Conduct: Uphold the club's reputation. Refrain from violence, abuse, or aggressive behaviour.

Coach Conduct:

Role Model: Demonstrate positive behaviour and sportsmanship. Set a good example for players.

Positive Reinforcement: Encourage and support all players. Provide constructive feedback.

Respect for All: Treat all participants, officials, and volunteers with respect. Avoid discriminatory language and behaviours.

Personal Conduct: Uphold the club's reputation. Refrain from violence, abuse, or illegal substances.

Parent Conduct:

Supportive Behaviour: Encourage and support all players, including opponents. Avoid negative or critical comments.

Respect for All: Treat everyone with dignity and fairness. Avoid discriminatory language and behaviours.

Positive Communication: Communicate respectfully with coaches, officials, and other parents.

Personal Conduct: Uphold the club's reputation. Refrain from violence, abuse, or aggressive behaviour.

Important Notice : Following recent incidents within the game of Amatuer Rugby League and Respect and Discipline Updates sent out from the RFL to all clubs, we would like to reiterate we will not tolerate any behaviour that breaches this code. Non-compliance may result in disciplinary action, including suspension.

Approved by Ince Rose Bridge Sports and Community Club Committee

OPEN AGE

JUNIORS

INCE ROSE BRIDGE

MERGED 2001

St. Williams Rose Bridge Ince Bowling Club

MASTERS

LDRL

OFFICIALS

OPPOSITION

EACH OTHER

RESPECT

Integrity, Discipline, Inclusivity, Regard, Consideration

ROSE BRIDGE PANTHERESSES A.R.L.F.C

mini BRIDGERS

RUGBY FOOTBALL LEAGUE 1895